Sketchbook As Traveling Companion & Visual Memoir

Kathy Calhoun
2 Day Weekend Workshop

Materials

Canson 5 1/2 in. x 8 1/2 in., Heavy Weight, 40 Sheet. Sketchbook
This has a black hard cover with heavy duty spiral wire binding. NOTE Landscape format (spine is on the shorter edge of book)
-Thin line permanent markers at least in *black,* other good colors would be *navy or dark blue and a brown or burnt sienna* (Sharpie ultra-thin fine point or Faber Castell pen fine liner) If you can't find those colors just a warm color and a cool color will do
-Drawing pencil (hardness or softness that you prefer)
-Kneadable or white vinyl or a gum eraser
-Dry color media (optional) - markers, pastels or color pencils
-*Wet color media*. Bring at least one watercolor is best option - (small travel sizes if possible) watercolor, gouache or acrylic
-Clear packaging tape
-Glue stick
-Scissors
-Paper mementos (ticket stubs, receipts, pamphlets etc.)
-A small envelope that is smaller than the cover of your sketchbook, by just a little bit. (I will also supply some)

**Pad of newsprint paper 18x24"* for drawing warm up exercises. *Can share with a friend or I will supply some But a great item to have in your studio regardless if you are a practicing artist

Bookmaking + Visual Journaling, Travel Sketchbook Expanded

Kathy Calhoun
6 week class VMFA
Questions? Email KathleenCalhounStudio@gmail.com

Materials for Bookmaking
(if you are taking the class with a friend you can split the use/cost of the things asterisked *)

Bookmaking materials are multimedia in nature, so feel free to bring in items you have laying around that you think can be good substitutes or you just want to incorporate into your own handmade book.

(Time line- We will do the bookmaking based on when materials have come in-hopefully in the first week, but if we are still waiting on materials it will be done in 2nd week, 3rd at the latest)

1-Strathmore Watercolor Pad 18"x24" see link here *

(Blicks, Michael's and even Walmart has it but think you need to order it)
2-Tapestry Needle (check Walmart or Micheals)
3-Two thin pieces of cardboard a.k.a. Chipboard (like from a cereal box or packaging, even mat board-no corrugated cardboard) slightly bigger than what you want your sketchbook to be. Or you can order with link here *
4-Scissors to cut fabric
5-Durable Material (like cloth or thick reusable plastic bag) for cover material (both pieces of cardboard should be able to fit on this side by side. Or you can order here *
6-Ruler 18-24" long
7-Neutral PH PVA Glue or Yes paste link here (4oz should be fine) *
8-Awl (for punching holes) NOTE: this is a good thing to have if you plan to keep making your own sketchbooks or journals in the future. But I will also supply nails and drills that can substitute for this
9-pencil and eraser
10-cardstock or decorative paper(at least two sheets a little larger than desired size of book. I will also bring in some
11-Bookbinding threads-can be waxed linen or just cording. Something thicker than regular thread. I will have some cording available for this . Click link here for the $$ fancy stuff * or here for more economical stuff

General book binding supplies that might interest you link here

Materials for Sketching

Canson 5 1/2 in. x 8 1/2 in., Heavy Weight, 40 Sheet. Sketchbook
This has a black hard cover with heavy duty spiral wire binding. NOTE Landscape format (spine is on the shorter edge of book)
1-Thin line permanent markers (1-4) at least in *black,* but *navy or dark blue and a brown or burnt sienna* also great to have (Sharpie ultra-thin fine point or Faber Castell pen fine liner) If you can't find those colors just a warm color and a cool color will do see link here
2-Drawing pencil (hardness or softness that you prefer)
3-Kneadable or white vinyl or a gum eraser
4-Dry color media **(optional) -** markers, pastels or color pencils
5-*Wet color media*. Bring at least one watercolor is best option - (small travel sizes if possible) watercolor, gouache or acrylic welcome
6-Clear packaging tape
7-Glue stick
8-Scissors - small travel size if you have them *(TSA approved is 4" or less from end to fulcrum point)*
9-Paper mementos (ticket stubs, receipts, pamphlets etc.)
10-A small envelope that is smaller than the cover of your sketchbook, by just a little bit. (I will also supply some)

Topics In Watercolor: Enhanced Techniques

Kathy Calhoun
6 week class

Materials

Since this is for proficient painters the list is simple

Your usual *watercolor paint kit*

Preferred *paper* and sizes

Any *visual references* (photo or real life)

That is it.

One extra thing-we are going to do an oversized painting or at least start one together in class, then it is up to you to continue if you want. With that in mind, *if you wish you can purchase a full (22"x30") watercolor sheet or a half one (15"x22")*. I will have butcher paper for use otherwise

Introduction to Watercolor –

Kathy Calhoun

Materials

These are not exactly what you have to have, just what I prefer. Something similar will work

Please feel free to augment with any materials you have at home or wish to purchase as class proceeds.

PAPER

(can really be anything that says watercolor paper 140 lbs.)

Canson XL Series Watercolor Textured Paper Pad for Paint, Pencil, Ink, Charcoal, Pastel, and Acrylic, Fold Over, 140 Pound, 12 x 18 Inch, 30 Sheets

OR

Strathmore 440-1 Strathmore W.Color 400 9X12" 130 lbs, Good For Planning Sketches

BRUSHES

BEST OPTION Princeton Aqua Elite Professional Watercolor Brushes 4850 Series - 4pc Synthetic Kolinsky Sable Brush Set for Watercolor and Oil - Round 3 - Round 10 - Oval Wash ½ in - Oval Wash ¾ in

OR

-Start with 4 different sized brushes designed for watercolor or mixed media

1. ½" to 1" flat, (about 1 to 3 fingers wide)
2. round, (around the same size of your thumb)
3. liners (thin enough to paint a thin line)
4. flat or angular. Get ones that feel good in your hand and you think will do a good job of covering the paper**, thinner than the first flat listed in 1. ¼" is good**

PALETTE

Mijello Airtight Watercolor 18-Well Blue Palette

OR

Mijello MAP-3025 Multi-Purpose Palette Various Airtight Peel-Off Palette-3.5-inch x 9.125-inch-24 Cavity

4. PAINT

Winsor & Newton Cotman Water Colour Paint, Set of 12, 8ml Tubes

OR

Daniel Smith or Holbien about 8 tubes with similar range of colors as in the one listed above.

But if you want to explore color…or have tubes already kicking around, try to cover these color essentials

Basic Color Palette (primaries + black + some earthtones)

-Ultramarine Blue,

-Quinacridone Red,

-Hansa Yellow,

-Lamp Black,

-Yellow Ochre

-Burnt Umber.

Or close variations of them as the art store you shop at might advise

MISCELLANEOUS

-Artist or painters tape 1 roll

-Pencils, ruler, scissors

-Paper towels (alot, like a whole roll) or an old tea towel

-Drawing board, foam core or other flat portable surface at least 16"x20" (18"x24" is best). Two are great because you can make a portable carrying case to carry all your artwork by taping them together

-Two clear plastic tub containers that can hold water (At least about 10 oz each)

EXTRAS if you want

Wax free graphite tracing paper

(some people love this stuff, I am not one of them but can still be used in class)

IF you can find these….(non-essential but fun)

Toothpicks, table salt, q tips, clear wax or crayons, saran wrap, sharpie markers

Composition Class

Kathy Calhoun

Materials

-Your usual paint kit. Oil, acrylic, gouache and watercolor all welcomed

-Several smaller grounds (painting surface) for quick studies-NOTE: gessoed bristol board is good for oil

painters

-3 larger grounds for finished work (may only get to two in class) about 11x14-12x16

-Scissors

-Ruler

-Pencil

-White bristol board pad (thick cardstock like paper) about 11x14”

-Glue stick

-Tape- white artist tape best but can use painter’s tape from hardware store

-Tracing Paper 9x12”

-Sketchbook or similar to take notes.

-Three printed photographic images at least 5”x7”, that you wish to use as reference (we will select one). NOTE: Prefer them to be in black and white but can work with color.

OIL PAINTERS

-Gesso if you have it

Colors That Converse

Kathy Calhoun

Paints

*** -Paint type of your choice has to be brush applied, no pouring or spraying
(oil, acrylic, watercolor, or gouache are all welcomed)
-Bring ‘em all in or at the very least **a good primary triad** (yellow, blue and red) that you enjoy working with and mixes secondaries (orange, purple, and green) that you like
-**A white** (Titanium, Zinc, Mixing all good, Buff and Soft not so much). Watercolorists even if you do not work with water normally *I would highly recommend purchasing **a small tube of gouache for watercolorists***
-Black is not necessary but bring it if you have it.

***would strongly recommend NOT switching between them (for example doing some studies in oil then in watercolor) during the workshop.

Grounds*-(surface the paint goes on, I always recommend you bring in more than you think you will probably use)

For studies-

Good quality paper or canvas paper. Oil painters could even just **gesso a drawing sheet or bristol board**. Does not have to be a high quality. Would not waste arches or linen on these exercises. Size of grounds-medium to large depending on what you have.

Suggested dimensions are 11”x14” up to 18”x24”
Keep it a comfortable size for you to carry out of class but large enough that you have “wiggle room” to do your composing and brushwork. I would say bring at least 4 to 5 grounds here
For your own image-**A canvas or paper that you would like to present the finished piece on**. I would Recommend for a first piece, **about 9”x12”** so that a graphite transfer of image can be quickly done. Maybe

Bring in 2-3 grounds here

***Grounds Note- Keep it a comfortable size for you to carry out of class but large enough that you have "wiggle room" to do your composing and brushwork.**

Image(s)

Print off in black and white *three (3)* photo images that intrigue you. At least 5"x7" up to full page
Can be imagesthat you have taken or saw somewhere else. If this is a real problem printing or converting to B/W, feel free to email me the image and I will print up. *Please, please, please just make sure that I have confirmed receipt of the image.*

Usual Painting Kit

This will include brushes (at least 3-5 of your favorites), the stuff you use to clean those brushes, containers for medium, palette paper, hard palette, paper towels.

Extra but Also Important Stuff
-Tracing paper (pad of at least 9"x12") can use waxless graphite paper too
-Tape either painting or artist
-Pencils (not mechanical or hard lead "H" labelled) 2B and higher number good
-ruler if you have one
-**Sketchbook** to take notes
-Camera phone if you want to take photos of demo work or slides.