
The New York Times

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Art and Design



Lila Barth for The New York Times

How to Meet 1,500 Artists in Five Days

Upstate Art Weekend, starting Thursday, brings together New York artists and audiences, and offers everything from icebergs to Arte Povera to keep you cool.

2d ago • By WILL HEINRICH

Will Heinrich has driven several hundred miles checking out artist sites in New York State for this annual event.

Published June 25, 2026 Updated June 26, 2026

Up in Beacon, N.Y., art handlers were arranging dozens of little embroideries under the watchful eyes of the curator Matilde Guidelli-Guidi; 50 miles to the north, in Millerton, a painter named Karen Marston was painting an iceberg on the side of a barn: It was time for [Upstate Art Weekend](#) again. The five-day festival, which extends across 10 counties in the Catskills and Hudson Valley, is a chance for artists and art lovers beyond the metropolis to remind one another how large and vibrant their community really is — but it's also the perfect excuse for city dwellers to hop on a train, or into a car, and work some fresh air and greenery into their lives.

[“Seven Women Chase Icebergs”](#) at the [Re Institute](#) in Millerton features climate-focused work by seven female artists who all worked together in Pouch Cove, Newfoundland, including Marston and her ominous blue berg.