

**CHANGE THE MEDIA!  
WITH MAUREEN NATHAN & NANCY GRUSKIN**

**LIST OF SUPPLIES**

**Subject matter: Your work during this workshop will be based on a painting of your choice from the history of art. Please have a reproduction of your chosen painting ready for the first class.**

**DRAWING SUPPLIES**

- Charcoal, both willow and compressed
- Indian ink
- Soft pencils: 2-6B
- Cola pen/Dip pen [How to make a Cola Pen](#)
- Twig, chopstick, bamboo stick or similar
- Pastels
- Watercolours
- Medium weight paper: large sheets, pads or on a roll

**COLLAGE SUPPLIES**

- Scissors
- Glue (options include PVA adhesives (e.g., Elmer's white glue, Lineco Neutral pH Adhesive), a gel medium like this [one](#), a glue stick, yes stikflat glue, or matte medium)
- Collage papers: We will be hand-painting some of our collage papers in class. For supplemental collage papers, you can use found or purchased paper or hand-painted paper (painting inexpensive acid-free copy paper with acrylic paint makes great collage paper).
- Substrate/ground (i.e., something to glue your collage pieces onto). Mixed media paper or bristol board or watercolor paper works well for this.

**SCULPTURE SUPPLIES**

- Medium weight paper (e.g., watercolor paper, bristol board, mixed media paper)
- Corrugated cardboard from your recycling bin
- Masking tape

- Scissors that can cut through cardboard easily, such as this pair by [Fiskars](#), and/or a utility knife, box cutter or scalpel and a cutting mat
- A glue gun and glue sticks for easily attaching pieces of cardboard (inexpensive glue guns from a big box store are fine)
- Newspaper from your recycling bin
- All-purpose flour or PVA glue for papier-mâché
- Acrylic paint

## PRINTMAKING SUPPLIES

- We will use recycled materials, where possible, together with non-toxic water-based printing inks. You will need the following:
  - Tetrapak cartons: These come in a variety of formats, in particular on the alternative milk shelved section but the thing to look for on the bottom or side of the carton is the word 'aseptic'. This means no refrigeration required so 'long life' products. Here in the UK I tend to use discarded oat milk cartons. I suggest you begin collecting these as early as possible so that you have a good supply, you will need a minimum of two.
  - An etching needle or scribe, available here in the UK from any art supply shop, alternatively in America at Dick Blick or Amazon. A 'cola' pen or something sharp like a nail or darning needle can also be used as an etching tool.
  - A smooth hard palette to mix and spread inks. A piece of plexi-glass or glass is best, but you can use a kitchen cutting board or surplus breadboard!
  - Old toothbrushes for applying ink to intaglio plates and a roller or brayer for spreading ink evenly. The roller should be between 2 and 4 inches wide which will be adequate for almost any printmaking process.
  - Scalpel or craft cutting knife, palette knife/spatula for handling and mixing ink on the palette.
  - Cutting mat
  - Glue stick
  - Scissors
  - Water-based intaglio printing ink. Akua Intaglio ink is recommended. Black is a staple in any print studio and we will be concentrating on monochrome prints so no need to buy colours. Should you wish to

use colour a blue, a red and a yellow are enough to make any colours. For those of you used to using oil based inks or any other brand of waterbased inks (eg Caligo Safe Wash) please do carry on with them

- 60 Lb. drawing paper (US), 220gram cartridge paper (UK), standard printer paper and any paper you have to hand. These will give a variety of results which you may find interesting. I have a personal preference for Hosho paper which is light and absorbent but not always available in the U.S. Large sheets can be cut to fit your press bed but paper pads are very convenient.
- Papers for chine colle and collage: lightweight paper works best or pieces of discarded prints that you make as we go along.
- Tracing paper
- Baby wipes and cotton buds. Bought cheaply at a pound/dollar store the wipes are great for cleaning up rollers, palette knives and palettes. The cotton buds are a valuable tool when inking and highlighting your plates.
- Scrim (known in the USA as tarlatan) or discarded vegetable net. This is the type used to wrap oranges and lemons at supermarkets.
- A small craft press or access to a print studio press will be needed. Alternatively for hand printing you will need a small jar, a metal spoon, freezer paper and a tray for soaking your paper.