I was born in Vallejo, California. I received my BA in religious studies from the University of California at Berkeley and received my MFA in ceramics from the University of Colorado in Boulder.

I have had exhibitions in venues such as the Museum of Contemporary Art in Atlanta, the Grimmerhus Museum, Denmark, the Ann Linneman Gallery in Copenhagen, and the Palacio de Dom Manuel in Evora, Portugal – a UNESCO Heritage site. I often exhibit ceramics within universities and art galleries. I have been a resident artist at national and international art centers such as the Archie Bray Foundation for the ceramic arts in Montana, where I was the recipient of the Lillian Fellowship; the OBRAS center in HOLLAND, the OBRAS center in Portugal, the International Ceramic Research Center in Denmark, Quarry Tile Factory in Washington, The Mendocino Art Center in California, and the Ceramic Center-Berlin in Berlin, Germany. My art is included in journals such as Ceramic Arts and Perception, Drawing, and ArtWeek. I have also written and published art reviews in journals. I have lectured at public and private institutions and organizations such as the University of South Bohemia České Budějovice and many regional universities in the south.

I am Professor in the Department of Art at Georgia College located in central Georgia, where I teach drawing and ceramic art. I am actively involved in annual summer teaching abroad with the European Council. I share a studio for drawing and ceramic arts with Curtis Stewardson in Milledgeville, Georgia.