Painting is my way of celebrating and expressing my feelings of connection to the world I live in. As a long time gardener and keeper of bees I continually witness natures beauty and regenerative forces. Within my garden small universes come alive and wither only to be reborn again. I strive to create images where the colors begin to breathe and resonate as they do in the natural world. Cezanne once said, "nature is not on the surface but in the depths; colors are the expression of these depths on the surface, they rise up from the roots of the world." I love he gives color such power!

My process is quite intuitive and I love working with pigment saturated oil paint and lush bees wax from my hives. I do not begin a work with an image in mind but rather allow the process to expose the painting. When beginning a new work I let go of my "do it well" mind and allow spontaneity and play. It is important to stay present, let go of expectations and let the painting lead the way. Each painting is a journey, each mark a turn in direction. As the work develops I begin to search for a dynamic composition where elements are both heard and contradicted and light is generated not just represented. I love the play between movement and stillness, strength and tenderness, matter and spirit. Each painting is a composition where everything is hopefully interconnected and each element influences and stimulates the whole.

It has been said illusion is the scent of something real coming close. Art has this ability to make visible the real and to touch our emotions so we recognize life's potential and interconnection. I believe in the power of art. It is always ahead of us and transformative. It is my hope my paintings hint at, or perhaps reveal a bit of truth about our connection to each other and the world we share.