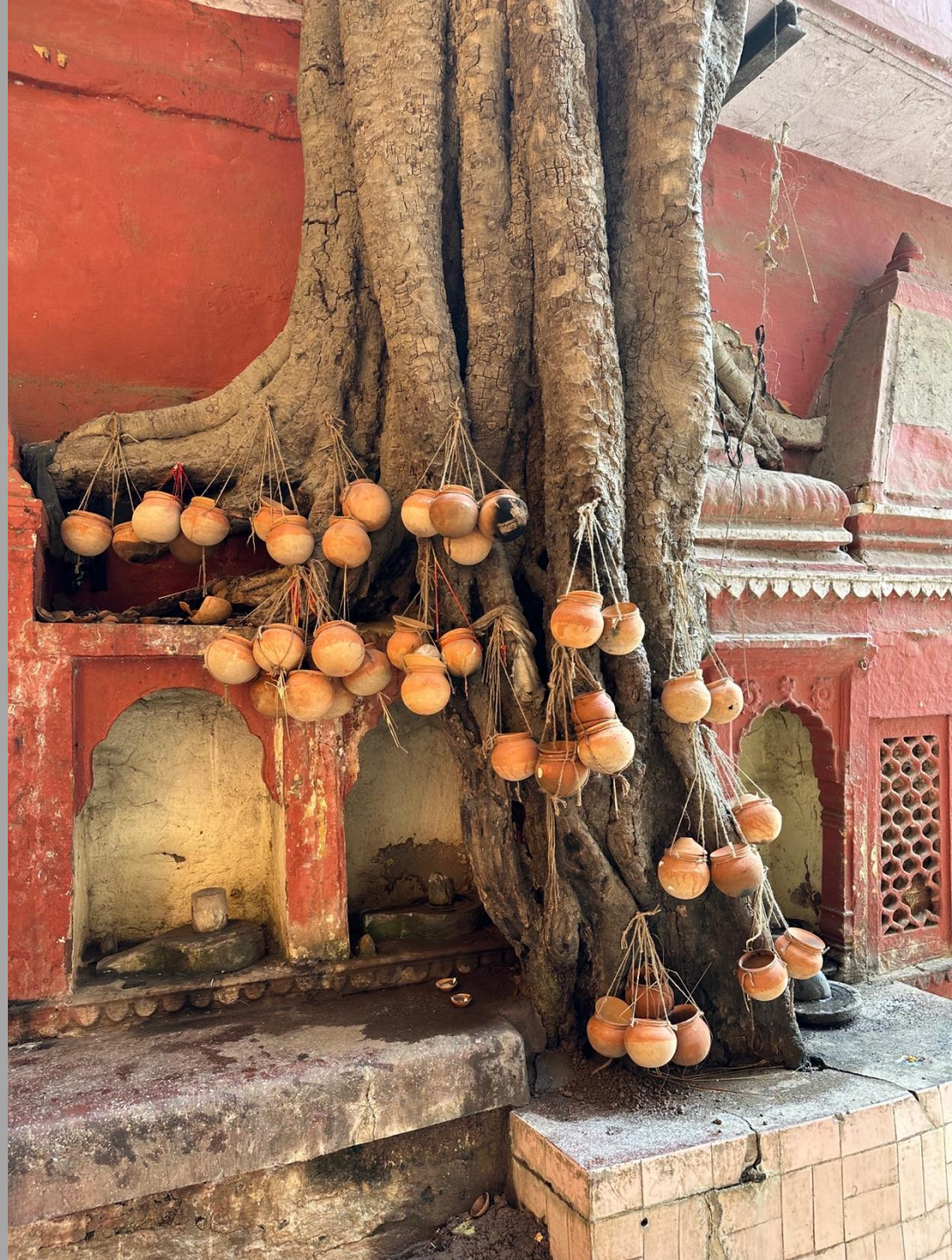


For decades now, I have maintained a hybrid art practice that runs parallel to my training and work in integrative therapies such as yoga and Reiki as well as mindfulness and Buddhist meditation practices. These two veins of my creative life have always informed one another.

In February 2023, I was an Artist in Residence at the Kriti Gallery in Varanasi, India. While in India, I explored the relationship between the permanent and fleeting aspects of materiality and ritual gesture within sculptural form, sacred space, religious festivals, and daily life. My experiences in India have informed my approach to spatial concerns, material choices, sculptural form, sound, and human interactions within works such as *An Exercise in Grounding* that was performed in Curitiba, Brazil in June 2024. This was my primary contribution to the interdisciplinary [Challenging the Boundaries of Bodies](#) conference that was supported through funding from The Global Gateways Initiative Grant through Ohio State.

A sacred tree with clay offering vessels and small altars on a ghat in Varanasi, India. (right)







More information about my Reiki practice may be found at: [Open Channel Reiki](#).

[OPEN CHANNEL](#), 2021, was a social practice project and my contribution to the exhibition, *SHIFT: Thinking Globally, Acting Locally* at the Ohio Arts Council's Riffe Gallery in Columbus, Ohio.

Please note: Since the time of establishing the website above and recording the video above, I have become a Reiki Master and certified sound healing practitioner. I have plans to update my website in the coming months.



Alison Crocetta, *Learning How to Sing (Songs of Love and Resistance)* · MIP4, a virtual international performance art festival through CEIA in Belo Horizonte, Brazil, performance video still, 2021.





Alison Crocetta, *Songs for My Sister*, a commissioned durational performance for the *Curitiba International Biennial*, 2015.  
More information here: <https://alisoncrocetta.com/performance-installation/songs-for-my-sisters/1>





Alison Crocetta, *A Passage / A Centering*, a two-channel video installation, recorded in Dale, Norway, 2014. More information and a video excerpt may be found [here](#).



*ON and ON*, Alison Crocetta  
and Peter Reese, 2017.  
Photo credit: Andrei Venghiac  
More information may be  
found [here](#).





*Load & Effort*, Alison Crocetta and Peter Reese, 2014. more information may be found [here](#).

Photo credit: Emerson Sigman





*Alison Crocetta, 100 Touches / 100 Breaths, in the 2012 Hanji Project / New York: Hanji Metamorphoses, New York, New York · Curated by Yu Yeon Kim, more information [here](#).*





Alison Crocetta, *Bear in Mind (The Bill of Rights)*, video, 2006. More information [here](#).





*Gather / Shed / Lift*,  
2 ¼ black and white  
production photo  
from *Lift*, 2005.  
(photo credit:  
David Pardoe)  
More information can  
be found [here](#).