

Selected Solo and Two Person Exhibitions

- 2009 *YC3, Collaborative Project with Laura Ten Eyck*, art sites gallery, Riverhead, NY
2008 *Lounge*, Westchester Gallery, SUNYWCC, Peekskill, NY
2006 *Yurt City, Collaborative Project with Laura Ten Eyck*, Dam Stuhltrager Gallery, Brooklyn, NY
2004 *Bunker In Red Tulip and Persian Green*, Holland Tunnel, Brooklyn, NY
2003 *Sheila Ross and Eric Trosko, RECENT WORK*, Dam Stuhltrager, Brooklyn, NY
1997 *Welcome To Monster Island*, MFA thesis exhibition, 80 Washington Square East Galleries, New York, NY
1993 *Recent Work*, Arcadia Gallery, Toronto, Ontario
1990 *Muse*, Artefact, Toronto, Ontario

Selected Group Exhibitions

- 2024 *Off the Brick*, Art Retail Therapy, Queens, curated by Adrian Boremo
2021 *Cat Daddy*, AHA Gallery, Brooklyn, NY Co-curated by Jody MacDonald
2020 *Soul Cakes*, Local Project, LIC Queens, curated by Norma Homberg and Francesca Arcilesi
In Between, Local Project, LIC Queens, curated by John Baber and Juan Hinojosa
2019 *And the Earth Shall Set You Free*, The Factory, LIC, NY, curated by Peter Goldwater and Eric Lawrence
2017 *Fire and Clay*, The Factory Gallery, LIC, NY curated by Peter Goldwater and Tessa Kennedy
Making Connections, Artists Working in Queens, DeFord Gallery, LIC NY
Botanical, Local Projects, LIC, NY
Making Connections, Artists Working in Queens, Plaxall Gallery, LIC NY
Yurt City Windows, Beautification Project, BID Riverhead NY
Word Jumble, bG Gallery, Santa Barbara, CA
Neoteric Abstract, Limner Gallery, Hudson, NY
2015 *Fortress*, The Hatchery Art Space, Badger Hills, CA, curated by Bill Doherty, Bachrun LoMele, Anné M. Klint, The Farm Project 2015, Colloborative Concepts at Saunders Farm, Garrison, NY
2014 *Framed*, Holland Tunnel Gallery and Stairmasters, Brooklyn, NY
Retrospective Part II 2005–2014, Center for the Digital Arts, Westchester Gallery, SUNYWCC, Peekskill,
2013 *Memphis Social*, city wide project coordinated by Tom McGlynn and Apex Art franchise
2012 *Saunders Farm Project 2012*, Collaborative Concepts Saunder's Farm, Garrison, NY
Sculptoure 2012, SICA (Shore Institute of Contemporary Arts), Asbury Park and Long Branch, NJ
2011 *East of Fresno*, The Hatchery Project, Pinehurst, CA, Curated by Bill Doherty, Bachrun LoMele, Anné M. Klint, and Tom McGlynn
Gimme Shelter, Arts Guild NJ, Rahway, NJ, curated by Lawrence Cappiello
Toys, Studio Theatre Gallery, Middlesex Community College, Edison, NJ Curated by Asha Ganpat
2009 *KÜF/Mold*, A-Lokatie Galerie, Piekfijn site specific Location, Oud Charlois, Rotterdam, Holland
Brooklyn Artillery Art Fair, "Greenpoint Open Studios," Castle Braid Building, Brooklyn, NY
2008 *KÜF/MOLD*, de Centrale Gallery and Jan Colle Gallery, Ghent, Belgium
Love without Borders, Blank Studios Gallery, Brighton, UK
2007 *KÜF/MOLD*, Gallery in the Old Bedesten, Shop windows, walkways, walls and ceilings of the Grand Bazaar, Istanbul, Turkey
2007 *FLOAT 2007, Yurt City II, Collaborative Project with Laura Ten Eyck*, Socrates Sculpture Park, Astoria, NY
2004 *Gritty*, Dam Stuhltrager, Brooklyn, NY, curated by Molly Wilk and Rachel Pascua
2003 *Subject Space*, Felissimo Design House, New York, NY, curated by Jane Simon, organized by TURF (Trans Urban Roaming Forum)
Figures of Invention, Work Space Gallery, New York, NY, curated by Elisabeth Condon
Moved by Awe, Emerge 2001, Aljira, Newark, NJ
2001 *Collaborative Fusion, Collaborative drawing project with Elisabeth Condon and Adelheid Mers*, Abraham Lubelski Gallery, 450 Broadway, NY, NY
Emerald City, Islip Art Museum, East Islip, NY, curated by Carolana Parlato
2000 *Figures of Invention*, Foreman Gallery, Anderson Center for the Arts, Hartwick College, Oneonta, NY, curated by Elisabeth Condon
One Night...New Sculpture, Sheila Ross & Laura Ten Eyck, Site Sympatico, NY
1998 *Sassy Nuggets*, A-1Art Space Lab: The Knoxville Intermedia Arts Cooperative Inc., Knoxville, TN, curated by Michael St. John with John Boyles

Selected Group Exhibitions continued

- 1997 *Teaworks*, Prime Gallery, Toronto, Ontario, Canada
New York Area MFA Exhibition: Co-sponsored by the College Art Association, Hunter College Fine Arts Building, New York, NY
- 1996 *Night of 1000 Drawings*, Artists' Space, New York, NY
Delirious, Eighth Floor Gallery, New York, NY
The Art Market, GenArt Group Exhibition, New York, NY
- 1996 *Twentieth Annual Small Works Competition*, 80 Washington Square East Galleries, New York, NY
- 1995 *The Artist Garden*, Portfolio Gallery, Etobicoke, Ontario, Canada
The Feminine Viewpoint: The Third Annual National Storefront Exhibition, Jacob Mississauga Square One Location, Mississauga, Ontario, Canada
Exhibition of Submissions to Ecolage: An Environmental Public Art Ideas Competition, The Rotunda, City Hall, Toronto, Ontario, Canada
- 1994 *The Feminine Viewpoint: The Second Annual National Storefront Exhibition*, Jacob Hazelton Lanes Location, Toronto, Ontario, Canada
Allied to Paper, Koffler Gallery, North York, Ontario, Canada, curated by John Massier
- 1992 *Artefact III*, Workscene Gallery, Toronto, Ontario, Canada
- 1990 *Everything You Ever Wanted But Were Afraid To Ask For...* Silent Auction, Artefact, Toronto, Ontario, Canada
- 1988 *Cleveland State Photo Exchange Group Exhibition*, Cleveland State University, Cleveland, OH

Performances

- 1988 *Nieomsk*, Helmut Becker and Sheila Ross, Forest City Performance Festival, Forest City Gallery, London, Ontario, Canada
- 1986 *Under the Western Wall*, participant, by Daniela Snepova, Forest City Performance Festival, Forest City Gallery, London, Ontario, Canada

Education

- 1998 MFA, New York University, New York, NY
- 1988 BFA, University of Western Ontario, London, Ontario, Canada

Teaching Experience

- 2020 Beginning Wheel, Sunnyside Artworks, Queens, New York
- 1995-98 New Student Seminar, New York University, Steinhardt School of Education, Department of Art and Art Professions
- 1994 Children's Art Action Group, East End Community Health Center, Toronto, ON, Canada
- 1989-1994 Traditional Art and Crafts Programs for Children, Riverdale Farm, Toronto, ON, Canada
- 1992-1993 Young Naturalists, Riverdale Farm, Toronto, ON, Canada

Awards and Other

- 2000 Participant, Aljira Emerge 2001 Program, Aljira, Newark, NJ
- 1998 E. George Payne Memorial Award, New York University, NY
- 1997 President's Service Award (Programming), New York University, NY
- 1995 - 1998 Graduate Assistantship, New York University, NY
- 1993 Exhibition Assistance Grant, Ontario Arts Council

Selected Bibliography

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- Shields, Nancy, "Public art graces Asbury Park and Long Branch" Asbury Park Press, Friday June 29, 2012, p 1
- Gennocchio, Benjamin, "Symbolic Spaces" New York Times, Sunday May 10, 2009, p. L17
- Beckinstein, "Home is where the art is, Two shows with a single theme open at Riverhead gallery," The Suffolk Times, Thursday, May 7, 2009, Section A, p. 47
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- Redding, Arsenio, "Ross and Trosko at Dam Stuhltrager," Block, 8/13/03-8/26/03 Issue 20, Vol. 1, p. 8
- Pepper, Keane A., "The July Art Crawl," Free Williamsburg.com, July 2003, Issue 40
- Bischoff, Dan, "Awe'-Some Move, New space gives Aljira prominence in downtown Newark," The Star-Ledger, Friday January 10, 2003, p. 26
- Condon, Elisabeth, "Fusion," NY Arts Magazine, September 2001
- Raven, Arlene, Emerge 2001, Catalogue for exhibition, published by Aljira, Fall 2001
- Hammes, Lynda. "Oz as a Springboard for Perception and Deception," Newsday, March 12, 2001
- "Jacob Fundraiser" Globe and Mail, Fashion and Design Section, June 19, 1995
- L'Art au Feminin, The Feminin Viewpoint: Works by Contemporary Women Artists Exhibition Catalogue, May 1994, The Second Annual National Storefront Exhibition: Jacob
- Kalico, Hanna, "Artefact - No Fixed Address" Workscene Magazine, July 1992