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HEAD SPACE



THE AUTHOR

► Art consultant Heather Hearst keeps her fingers on the pulse of all things art. She lives in Camden, Maine, and knows no boundary when it comes to finding the right piece for her clients. heatherhearth.com

VISCERAL CONNECTION

Inside the art studio of a husband and wife duo

BY HEATHER HEARST



ARTIST KATHERINE DUNCAN AIMONE AND STEVEN AIMONE

STUDIO LOCATION MONHEGAN ISLAND

Katherine and Steven Aimone own and operate Aimone Art Services, which offers art workshops and retreats. Steven teaches workshops at the historic Thomaston Academy, which serves as a studio for the couple during the summer and fall. The Aimones also own The Carina House on Monhegan Island, where they paint and show their work. Our time together was spent discussing the internal experience of creating art, particularly nonobjective and abstract painting—something of a passion for them.

1 Katherine and Steven Aimone are a dynamic duo with varied histories in the art world. Katherine worked as a museum curator/director at such places as the Museum of Florida Art, among other notable galleries. She is now a painter and established arts writer. Steven is a painter and nationally known workshop teacher who has authored numerous books on design and painting.

2 Nonobjective art has a history of more than 100 years. It emphasizes line, mark, shape, and other visual elements, rather than appearances of the literal world. It is similar to music with no words, in that we understand it on a deeper level without a narrative to guide us, taking us beyond outer appearances. It is a world within itself.

3 "Painting is a constant experience of both discovery and letting go," says Katherine. "My work with shape and color is generated from a place of no words—reconnecting me with nature, my breath, my heart, and the core of my being. It is a healing force for me. Painting expresses what I am beyond my daily concerns; it is a connection to something larger than the little me."

4 "When I paint," says Steven, "I'm able to shake free from the part of me that thinks, plans, worries, controls, criticizes, second guesses... and (I'm able to) get in touch with a source of intelligence that transcends all that. It is an elevating, liberating, and revealing experience. I'm able to work directly from the intelligence of the body, the wisdom of intuition."

RETREAT! RETREAT!

► Book your 2015 artist retreat with the Aimones now. Workshops and retreats focus on nonobjective painting and drawing, and on the art-making process. Each artist is addressed in a very personal and nurturing manner.

MORE INFO

828.242.8319
828.242.5833
aimoneartservices.com

GET JUICED

► Juice Conference 4.0, Maine's Creative Economy Conference, will draw artists, industry leaders, entrepreneurs, creatives, innovators, and policy makers from throughout New England to explore the idea of building communities where innovation and creativity can flourish.

The conference features performances, speakers, networking, seminars, and parties.

WHEN

Nov. 13 – 15

WHERE

Various venues
Rockland, ME

MORE INFO

juiceconference.org