

## Color, Still life, and Paris

A painting workshop with Aimee Erickson

Location: Sonoma Country Antiques, 23999 Arnold Dr, Sonoma, CA 95476

Dates: September 6-7-8, 2018

La vie est belle! Celebrate beauty and Paris in this truly special location. The format includes an evening lecture/artist talk, demos, color exercises, essential form and lighting instruction, viewing Aimee's Paris paintings, as well as a wine and cheese reception (French, of course!).

All levels welcome; all color media welcome; demos primarily in oil. (I usually only demo in other media if a student has brought it.)

SCHEDULE (subject to updates)

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### THURSDAY SEPTEMBER 6

9:30 am meet at Sonoma Country Antiques;

morning color exercise

Noon: lunchtime

afternoon: painting practice with individual instruction

\*7 pm demo

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### FRIDAY SEPTEMBER 7

9:30 am morning instruction: form and lighting

Noon: lunchtime

open painting in the afternoon

\*Evening reception/artist talk

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### SATURDAY, SEPTEMBER 8

9:30 morning instruction/demo and open paint,

Noon: lunch

afternoon open paint

# AIMEE ERICKSON

## OIL PAINTING MATERIALS LIST

A reference to tools and materials used in the workshop. Please bring what you have and are used to painting with. Be sure your tools are in good condition and of good quality, particularly brushes.

### PAINTS

White (Titanium, Ti-Zn, or Flake)  
Genuine Naples Yellow Light (Vasari)  
Cadmium Lemon Yellow  
Indian Yellow  
Yellow Ochre  
Transparent Earth Red  
Cadmium Red Light  
Quinacridone Red  
Alizarin Crimson  
Ultramarine Blue  
Cobalt Blue  
Thalo Green  
Asphaltum (Gamblin)  
Raw Umber (Old Holland)  
Chromatic Black (Gamblin)  
My palette changes often and I experiment a lot with color; don't feel obligated to purchase all these pigments just for the workshop

### PALETTE

Something to mix your paints on. Please don't use a white palette; it makes judging values very difficult. A wooden palette is fine; treated repeatedly with linseed oil it makes an ideal smooth surface for mixing. Glass or plexiglass is also good; tape a neutral color paper to the back. If you prefer a disposable palette get the gray one from Richeson.

### BRUSHES

Brushes make brushstrokes, which is what makes a painting. If you're in need of a good set of brushes, I suggest the David Boyd Jr Starter/Workshop set.

I use hog bristle brushes from Trell, flats or long filberts, in a range of sizes, as well as Rosemary's long rounded ivory flats, ivory filberts and longer filberts, and ivory egberts.

### SOLVENT & MEDIUM

A solvent (turpentine, traditionally) dissolves and thins wet paint; we use it to clean brushes and only in minute quantities as a medium. Use odorless solvent only (Gamsol). Use a stainless brush washer with a basket and a gasket lid that clamps on.

A medium is used to change the consistency of the paint. I use Flemish Maroger and Venetian Wax Medium from Old Masters Maroger (available at [oldmastersmaroger.com](http://oldmastersmaroger.com)). Another good one is Gamblin's Solvent Free Gel.

### SUPPORTS

A support is a surface to paint on, and a ground is the primer, usually gesso, used to coat the support to prepare it for painting. Paper is a good support if coated with shellac, and I frequently do small studies on treated paper. My favorite support is homemade muslin panels (see [video here](#)).

Size and quantity of supports depends on the student—sometimes you'll want to do a sustained study and sometimes several starts. Better too many than not enough.

Tone gessoed supports with a light-to-middle-value warm neutral. Use a little solvent and a neutral combination of paint (my favorite is Old Holland Raw Umber plus a little white) to cover the board. Then use a paper towel to remove excess and create a very thin, even tone.

You can also paint directly in a sketchbook for exercises and smaller studies if you like. I use a Moleskine heavy sketch 5x8" and paint right on the paper.

### PALETTE KNIFE

A palette knife, or painting knife, can be used for mixing and for applying paint. A three-inch offset blade with a long, graceful shape is the most versatile.

### PAPER TOWELS & PLASTIC BAG

### PORTABLE EASEL